

# Christmas Shutdown Period 2020

Woden Site

OPEN from 10am – 2pm on

Tuesday 29<sup>th</sup> December, Wednesday 30<sup>th</sup> December & Thursday 31<sup>st</sup> December

Providing fit packs, phone & walk-in support (no medical services on 30<sup>th</sup> & 31<sup>st</sup>)

Civic NSP

OPEN from 10am – 2pm on

Tuesday 29<sup>th</sup> December, Wednesday 30<sup>th</sup> December & Thursday 31<sup>st</sup> December

Phillip NSP

CLOSED

From 3pm on Thursday 24<sup>th</sup> December

Reopening on Monday 4<sup>th</sup> January 2021

Group Program  
(Online)

11am – 12:30pm on

Tuesday 29<sup>th</sup> December: High Risk Situations and Planning Group

Wednesday 30<sup>th</sup> December: Check-in and Goals Setting Group

Thursday 31<sup>st</sup> December: SMART Recovery Group

All Directions Health sites re-open Monday 4<sup>th</sup> January 2021

For 24hr crisis support during the shutdown period, call Lifeline on 13 11 14

Scan to book into  
a group online or visit  
our website:



Scan for Pharmacies &  
NSP vending machine  
locations:



Level 6, Cosmopolitan Centre Woden Square, Bowes St Woden ACT 2606

Ph: (02) 6132 4800 | [www.directionshealth.com](http://www.directionshealth.com)

